

2019 TONY ROBIE WRESTLING CAMPS

CAMPER GUIDE SHEET

We are very happy that you will be attending Tony Robie's Wrestling Camps at Virginia Tech to help you develop your wrestling skills. This camp will be a great experience and will help bring you closer to achieving your wrestling goals. Our entire camp staff is at your disposal and we encourage you to take advantage of us! It is our privilege to help you become a champion!

Please carefully read over the information below:

Remaining Balances:

Please log into your Campstur account at robiewrestling.com and confirm that your payment/balance information is correct. All balances must be completely paid before the beginning of camp, or at camp check-in. Balances can either be paid online through Campstur or by check. If paying by check make payable to Tony Robie Wrestling Camps and mail to: Tony Robie, P.O. Box 10094, Blacksburg VA 24062.

Background Checks for Adults Attending Camp:

ANY adult (Parent/Coach/Staff/Etc) that plans on attending camp and staying in the dormitories or working directly with campers while at camp is required to complete a background check. The background check must be completed one week prior to the start of camp. Any adult that does not complete and/or pass the background check will not be permitted to attend camp. E-mail coachtrobie@gmail.com with the coach attending's name and email address to get set up for a background check.

Key Deposit:

All campers will be required to put down a \$50 key deposit at check-in which will be refunded when/if the key is returned at check-out. Please pay with **check or cash**.

Dormitories:

- Campers will be staying in West Ambler-Johnston Hall. All rooms will be air conditioned.

Medical Wavier/Insurance:

YOU MUST BE COVERED BY A MEDICAL INSURANCE POLICY IN ORDER TO ATTEND CAMP. If you registered online, you were required to submit all necessary medical info and complete the medical liability wavier and will NOT be required to complete the medical waiver paper form. If you have not already submitted a medical release/info online or by mail, you will be required to submit a signed medical release form at camp check-in. Again, you MUST have a medical insurance policy to participate in camp.

USA Wrestling Cards:

All campers are required to have a USA Wrestling Competitors Card. If you have already purchased a card for the current year please have the card with you at camp check-in. If you do not already have a card, you will be able to purchase a temporary card at check-in for \$3.

Contacting Camp:

In case of an emergency call Tony Robie at 540-808-7632

Suggested Items to Bring:

- Pillow and towels; bedding linens will be provided
- Wrestling, running shoes, headgear, kneepads, etc
- Workout gear for 3 sessions a day (laundry service facilities are available for Intensive only)
- Laundry detergent
- Toiletries and other personal items
- Anti-Bacterial Body Wash
- Notebook and pencil or pen (optional)
- Spending money/credit card (for VT wrestling merchandise, snacks, drinks, etc)

Campers Interested in VT:

For campers who are interested in wrestling at Virginia Tech one day, we strongly encourage you to write your last name on the back of your workout shirts with a sharpie. It is important to us that we can easily identify you during work-outs.

Laundry (for Intensive Training Camp only):

Dorms are equipped with coin operated washers and dryers. It will be the camper's responsibility to have clean work-out gear for every session. For a \$35 fee we offer an "optional laundry service" that can be purchased online or at check-in. Check our camp website for more details.

Meals:

Meals for campers will start with dinner on the first day of camp and end with breakfast on the last day of camp. Breakfast, lunch, and dinner will be served in Dietrick Dinning Hall (D2).

Lost/Stolen Item:

All clothing and gear that you bring you to camp should have your name in permanent marker on them. Lost or stolen items will not be replaced and it is the camper's responsibility to maintain control of all personal belongs while at camp.

Camp Check-In & Check-Out:

TEAM CAMP

- CHECK IN: WEDNESDAY JULY 10th 11:00AM-1:00PM
(VT Indoor Football Facility)
- CHECK OUT: SATURDAY JULY 13th 11:30AM ~When eliminated from tournament
(VT Indoor Football Facility)

MIDDLE SCHOOL TRAINING CAMP

- CHECK IN: WEDNESDAY JULY 10th 11:00AM-1:00PM
(VT Indoor Football Facility)
- CHECK OUT: SATURDAY JULY 13th 11:30
(VT Indoor Football Facility)

SKILLS AND DRILLS

- CHECK IN: SUNDAY JULY 21st 2:00PM-3:00PM
(Merryman Lobby)
- CHECK OUT: WEDNESDAY JULY 24th 11:00AM-12:00PM
(Cassell Coliseum)

INTENSIVE TRAINING CAMP

- CHECK IN: SUNDAY, JULY 21st 11:00AM-1:00PM
(VT Indoor Football Facility)
- CHECK OUT: FRIDAY, JULY 26th 11:30AM-1:00AM
(Cassell Coliseum)

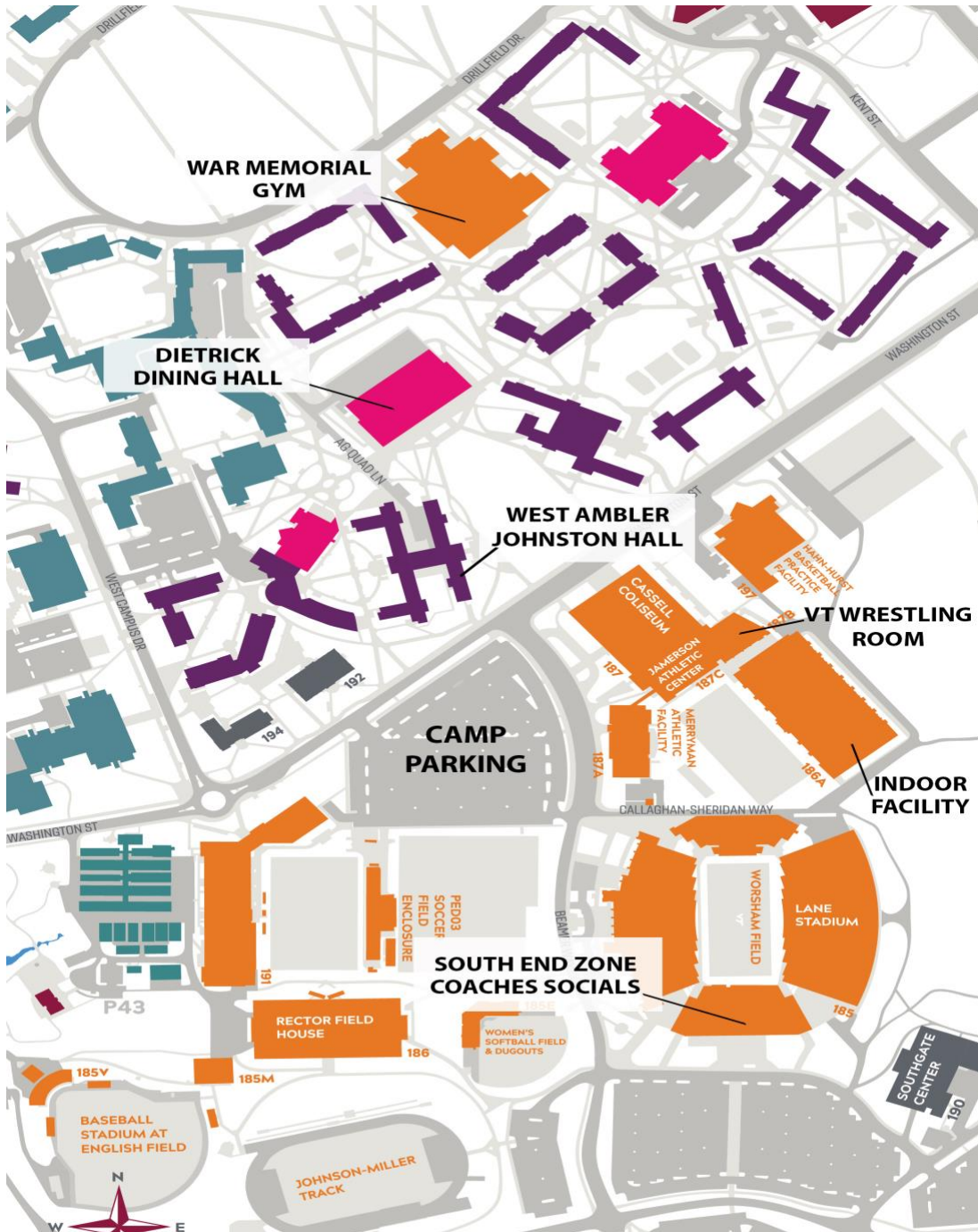
*check-in and check-out locations are subject to change

Maps and Directions:

A campus map and directions to campus can be found at;

http://www.vt.edu/where_we_are/maps/campus-maphighres.pdf

For the easiest route to the Merryman Athletic Center or Cassell Coliseum you should enter campus from route 460 using exit 6. We will have signs directing you to camp check-in along this route.



Tony Robie Wrestling Camp Rules and Dormitory Information

- For lock-outs and lost meal cards contact the Camp Help Desk at 540-231-5721

- For Emergencies call 911
- For Non-Emergency Dorm Issues a camp contact will be introduced at camp orientation
- Under no circumstances are you too be in a dorm room or have a someone in your dorm room of the opposite sex
- Attend all sessions – attendance will be taken every session
- Be on time for and ready at the start of every session
- If you are sick or injured you must still report to each session and contact a trainer immediately
- You may not leave campus for any reason unless accompanied by an authorized member of our camp staff
- You must be in the dorm by 10:30pm or immediately following the last camp session
- You must be in your own room by 11:00pm for bed check
- Any lost key is to be reported to a coach immediately. The fee for a lost key is \$50.00
- Shower after every session and wear clean gear, if you need to do laundry find the designated camp laundry facility
- You will be dismissed from camp for any of the following reasons:
 - Anything associated with hazing
 - Alcohol/drugs/tobacco
 - Missed sessions
 - Having unauthorized visitors in your dorm room
 - Having visitors of the opposite sex in your room
 - Being in the room of a camper of the opposite sex
 - If you are out of the dorm after 11:00pm
 - Disrespecting other campers/camp staff, other camper’s personal items, or camp facilities
- Understand that everything you do while at Virginia Tech is a direct reflection of the Virginia Tech wrestling program, your school, parents and coaches. Please and thank you go a long way while you are at Virginia Tech

Please do not hesitate to ask any of our coaches or counselors for help. Our staff is dedicated to helping you get better and having a great camp experience...please take advantage of their knowledge and experience. Parents are welcome to visit during the week. Camp sessions will be held in the Virginia Tech wrestling room located in Cassell Coliseum.

We are truly excited that you have chosen to attend our camp and we look forward to helping you in any way possible.

Tony Robie Wrestling Camps